ARLINGTON CHEERLEADING PRESENTS:

**FEBRUARY 8, 2025** 

# THE 12TH ANNUAL AND A COMPANY OF THE 12TH A COMPANY OF THE 12TH AND A COMP

\$200/TEAM \$350 FOR BOTH GAME DAY AND TRADITIONAL \$150/ADDITIONAL TEAM FROM SAME PROGRAM

**REGISTRATION INFO:** 

CLICK HERE FOR REGISTRATION FORM

## **REGISTRATION CLOSES 2/1/25**

ARLINGTON HIGH SCHOOL 1157 ROUTE 55, LAGRANGEVILLE, NY 12540

ALL PAYMENTS CAN BE MADE OUT TO AHS EXTRA CLASSROOM ACTIVITY FUND WITH CHEERLEADING IN THE MEMO

# NARDIGRAS CHALLENGE Cheerleading Competition

TENTATIVE SCHEDULE

REGISTRATION: 9:30AM WARM UPS: 9:45AM DOORS OPEN TO SPECTATORS: 9:45AM COMPETITION BEGINS: 10:00AM AWARDS: IMMEDIATELY FOLLOWING LAST PERFORMANCE OF EACH SESSION

ADMISSION \$5 FOD STI

\$10 ADMISSION. \$5 FOR STUDENTS. SENIORS. AND WITH MILITARY ID. (CHILDREN 5 & UNDER ARE FREE)

AWARDS

WE WILL BE HANDING OUT SPECIALTY AWARDS. FIRST. SECOND. AND THIRD PLACE TEAMS WILL RECEIVE RIBBONS FOR EACH INDIVIDUAL ATHLETE.

### MORE INFO:

CONCESSION WILL BE AVAILABLE (PIZZA. ZITI. WALKING TACOS. BAKED GOODS. ETC.) OTHER ITEMS AVAILABLE FOR SALE: 50/50 RAFFLES SHOUT OUTS EVENT T-SHIRTS OTHER VENDORS

# NARDIGRAS CHALLENGE Cheerleading Competition

### ADDITIONAL INFO:

- ALL SCHOLASTIC TEAMS MUST FOLLOW 2023-2024 NYSPHSAA CHEERLEADING RUBRICS AND SCORING GUIDELINES
- REC AND JR HIGH TEAMS CANNOT PERFORM BASKET TOSSES BUT CAN PERFORM POWER POPS
- REC TEAMS WILL BE SCORED USING THE SCHOOL DIVISION SCORE SHEETS.
- ALL STARS WILL FOLLOW USASF DIVISIONS AND GUIDELINES
- FOR SCHOOLS AND REC, WE WILL BE USING CERTIFIED NEW YORK STATE CATEGORY JUDGING AND 1 SEPARATE SAFETY JUDGE. IF THE REGISTRATION NUMBERS ARE HIGH WE WILL HAVE 2 SETS OF JUDGES TO KEEP THE DAY MOVING QUICKLY.
- PERFORMANCE AREA WITH BE A 54' X 42' MAT (9 MATS).
- ROUTINE LENGTH: SCHOOLS AND REC FOLLOW NYSPHSAA RULES. ALL STARS 2:30 ALL MUSIC.
- ALL COACHES SHOULD BRING 2 COPIES OF MUSIC. CD OR IPOD CAN BE USED DURING COMPETITION. WARM UP WILL HAVE IPOD/PHONE ABILITY ONLY. COACHES MAY SEND MUSIC TO OUR DJ PRIOR TO DAY OF COMPETITION (MORGANHILLSOUND@GMAIL.COM -
- YOU MUST PUT "ARLINGTON MARDI GRAS 2025" IN THE SUBJECT AND THEN LET HIM KNOW TEAM/SCHOOL NAME, MASCOT (FOR ANNOUNCEMENT PURPOSES) AND DIVISION. IF MIXES ARE 2 PARTS, THEY MUST BE LABELED CORRECTLY SO HE KNOWS WHICH TO PLAY AND IN WHAT ORDER.
- ORDER OF PERFORMANCE AND WARM UP TIMES WILL BE SENT OUT TO COACHES PRIOR TO THE EVENT.
- WARM UPS WILL TAKE PLACE SEPARATE FROM THE MAIN GYM THROUGHOUT THE
  COMPETITION. (COMPETITION- GYMS 1 & 2, WARM UPS GYMS 5, 6, & 7) TEAMS WILL
- HAVE 5-7 MINUTES FOR STRETCHING, 5-7 MINUTES FOR A 2-PANEL WARM UP (STUNTS AND TUMBLING PERMITTED), AND 5-7 ON A FULL 9-PANEL PERFORMANCE MAT. THE TEAM'S WARM UP TIME WILL BEGIN ~45 MINUTES PRIOR TO THEIR PERFORMANCE TIME.
- THERE WILL BE AN ATHLETIC TRAINER AVAILABLE FOR TAPING DURING WARM UPS AND
  COMPETITION
- TEAMS CAN KEEP PERSONAL BELONGINGS IN CAFETERIAS A & B. (ARLINGTON CSD AND ARLINGTON CHEERLEADING ARE NOT RESPONSIBLE FOR LOST OR STOLEN PROPERTY SO PLEASE DO NOT LEAVE VALUABLES UNATTENDED)
- UNSPORTSMANLIKE CONDUCT OF ANY KIND WILL NOT BE TOLERATED. ANY
  PARTICIPANT, COACH, OR TEAM ATTENDANT THAT EXHIBITS UNSPORTSMANLIKE CONDUCT MAY CAUSE HIS/HER TEAM TO BE DISQUALIFIED
- ALL JUDGES' DECISIONS ARE FINAL.
- ALL SPECTATORS MUST NOT BRING A NOISEMAKER OF ANY KIND AS IT IS PROHIBITED AT ALL SECTION ONE EVENTS.